

# KEY STAGE 1 PE KEY ASSESSMENT OVERVIEW

## YEAR 1

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	I can throw underarm.
	I can hit a ball with a bat.
<b>Games</b>	I can move and stop safely.
	I can throw and catch with both hands.
	I can throw and kick in different ways.
	I can make my body curled, tense, stretched and relaxed.
<b>Gymnastics</b>	I can control my body when travelling and balancing.
	I can copy sequences and repeat them.
	I can roll, curl, travel and balance in different ways.
	I can move to music.
<b>Dance</b>	I can copy dance moves.
	I can perform my own dance moves.
	I can make up a short dance.
	I can move safely in a space.
	I can copy actions.
<b>General</b>	I can repeat actions and skills.
	I can move with control and care.
	I can use equipment safely.

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## YEAR 2

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### Games

I can use hitting, kicking and/or rolling in a game.

I can decide the best space to be in during a game.

I can use a tactic in a game.

I can follow rules.

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### Gymnastics

I can plan and perform a sequence of movements.

I can improve my sequence based on feedback.

I can think of more than one way to create a sequence which follows some 'rules'.

I can work on my own and with a partner.

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### Dance

I can change rhythm, speed, level and direction in my dance.

I can dance with control and coordination.

I can make a sequence by linking sections together.

I can use dance to show a mood or feeling.

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### General

I can copy and remember actions.

I can talk about what is different from what I did and what someone else did.

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